

# Haverstock Career Network



## A WORD FROM THE BOARD

As we enter the final term of the year it gives us the perfect opportunity to reflect on the amazing achievements and milestones earned by the students, partners, and board. Since joining the board over 8 years ago and connecting NBCUniversal with Haverstock, I am continually impressed by the commitment, attitude and work ethic of all involved. I'm sure some of our A-list movie stars could learn a thing or two from the Haverstock Career Network students.

The summer internships await our year 12 students, a truly pivotal part of the programme that sees all the professional practice and advice put to effective use. As I am sure our year 13 students will agree, the internships set the ambition and benchmark of what the future looks like. After a very successful 10 year celebration, our key drive now is bring on new business partners and reconnect with existing partners to make the programme stronger, more diverse and even more ambitious.

A huge thank you to the whole team for continued excellence.

**Neil Wirasinha**

Senior Vice President Media, Universal Pictures

## HELPING YOUNG PEOPLE REALISE THEIR POTENTIAL

SPRING 2017

## Presenting: The Haverstock Career Network

Students who began their Haverstock Career Academy journey in the autumn of last year were not just part of a new HCA intake, they were also the 10<sup>th</sup> cohort of students to begin the programme – as 2016 marked a decade since the Haverstock Career Academy was launched in 2006.

Our successes in the last ten years have been many. In that time, more than 240 students have graduated from the programme, with over 95% of these going into education, employment or training. Our supporter network has grown to over 100 partners. With every passing year, the scope of what the programme offers our students has become more wide reaching, diverse, and well-equipped to cater to the ever-changing landscape of student career interests and needs.

In recognition of our 10-year anniversary and ongoing evolution, we have renamed ourselves.

**The Haverstock Career Academy has become the Haverstock Career Network.**

**What were previously known as our 3 Academies will now be known as our Networks.**

This new name truly encapsulates what our offering is all about. That the doors opened through students' experiences on the programme are only the beginning, and that the networks they establish will continue to support them as they develop, evolve and grow throughout their professional lives.

*'The interlocking cogs represent the idea of networking, and how we are **connected**. In a machine, each cog is essential to its function, and every one has its own **purpose**.*

*Each of the 3 HCN themes is represented by a cog, with the idea that all three work together to **support** and learn from each other; and that each one of us has a **role to play in our own success**.'*

- HCN logo designer Naema Jannath,  
Year 12 Business and Finance Network

With a wealth of experience in our arsenal, we are grateful to now be at a stage where HCN alumni are beginning to reengage with the programme and our current students. Through sharing in their experiences, knowledge and reflections on how the Haverstock Career Network has supported them in their own progression, we are bearing witness to the true long-term potential of this programme.

With thanks to every single person who has been involved with us over the last 10 years, for without the many contributions of countless individuals, the HCN simply would not be what it is today.

We look forward to all that comes next for the Haverstock Career Network!



**Haverstock  
Career  
Network**

[www.haverstockcareernetwork.com](http://www.haverstockcareernetwork.com)



## The Sound of Breaking Glass

For the seventh year running on the Friday of International Women's Week in March, leading Haverstock Career Network partner Olswang hosted all Year 12 HCN female students at their Holborn offices for the 'Climbing the Career Ladder...in Heels!' breakfast.

Always a highlight of the HCN yearly event calendar, this inspirational morning sees HCN students along with other young women from Career Ready schools across the country take part in team-building and networking activities with senior-level women executives from an array of industry-leading businesses.

Career Ready's 'Make Connections, Get Ahead' Masterclass curriculum was also incorporated into the agenda of the day.

This year's guest participants included: Hosts Sarah Wright, Partner, Olswang and Louise Gellman, Partner, Nabarro; Patricia Wick Christias, Head of Legal, Microsoft Limited; Stella Beaumont, Non-Executive Director, Nabarro; Alison Baum, OBE, CEO and Founder, Best Beginnings; and Sarah Davis, Group Commercial Legal Director, Guardian Media Group plc, among many others.

To tie-in with the aims of International Women's Day, the goal of the event is to encourage young women to challenge any barriers to equality they may encounter or limitations on their career aspirations they may experience because of their gender. And it routinely succeeds in doing so. Each year without fail, student feedback reports uplifted life goals and career aims – and the desire to immediately put into action the practical advice they have received.

Thank you as always to Olswang and all guest speakers for another fantastic year of Climbing the Career Ladder...in Heels!

**OLSWANG**

*'It's one thing to hear about how women are achieving more than ever before, or see them on the news or TV. That is inspiring, of course.*

*[But] speaking with, hearing advice from and learning the stories of so many accomplished and successful women face-to-face, women who have had their own struggles or setbacks and still managed to accomplish so much; this is inspiring on a whole other level.'*

- HCN student



In February, Year 12 STEM Network and Year 9 and 10 Haverstock students attended a Medical Careers Carousel event with students from 10 schools across the UK.



## Meet the Doctors

From dentists to hand surgeons, ophthalmologists to dermatologists, anesthesiologists and psychologists; our young people took part in roundtable sessions, where they were able to ask leading medical practitioners about the many opportunities and career paths available to those with an interest in medicine.

The intimate nature of the event, which took place within the beautiful Great Hall of Barber's Surgeon Hall in Monkswell Square, made for a relaxed and comfortable environment.

Students relayed that the event inspired them to learn more about studies in medicine; many of them newly interested in disciplines about which they had been they had previously unaware.

Many thanks to David Simmons and the Livery Schools Link for facilitating this interesting and informative visit!



# And the winner is..Papia Islam!



**'18 months ago, I would never have been able to stand up in front of you all today and speak these words.'**

This was what Papia Islam opened with when she was called on stage to accept her AstraZeneca STEM Science Student of the Year Award at the Career Ready Awards dinner on March 29<sup>th</sup> at Guildhall.

With HCN alumni Max Kalu as Master of Ceremonies this year, this annual event is a wonderful opportunity to celebrate the most outstanding Career Ready students, mentors and supporters across the UK.

And this year for Science, that student was Haverstock Career Network STEM Network student Papia Islam.

**"I was a shy, reserved girl who didn't like to be the centre of attention, and who didn't really know what I wanted to do with my life.**

**Today, I am proud to say that I can confidently stand on this stage, look out over this large crowd, and tell you that have received offers to study Psychology – the career path I am committed to pursuing – from my 1<sup>st</sup> and 2<sup>nd</sup> choice universities."**

During her very successful internship with the Royal College of Child Health and Pediatrics in 2016, Papia was tasked with creating youth-focused products for the 2016 Labour and Conservative Party Conference. She came up with the idea of a mental health and well-being chatterbox and a Doctor's pocketbook guide to conducting consultations with young people about mental health.

*"At the conference, Papia launched her chatterbox to a room full of politicians and healthcare professionals. Her products became a huge success on social media during World Mental Health Day, when organisations all over the world commented on Papia's brilliant idea, leading to a formal request by Sage Publications who asked to include these tools in their nursing books."*  
– Papia's Internship supervisor

Papia's journey as a Career Ready student has been substantial. Her personal and professional skills development has been notable, and her career aspirations have become clarified through her many experiences over the last year and a half on the programme.

A fantastic ambassador for Career Ready and the HCN, Papia is a very deserving recipient of this award. We are proud of all that she has accomplished, and know that she will go on to many future successes.

Congratulations Papia, and thank you Career Ready for a great event!



## FAST FIGURES

**1**

Papia Islam is the 1<sup>st</sup> Haverstock student to win a Career Ready Award.

**140 guests**

Attended our 10 Year Anniversary reception at The Wellcome Collection

**10 years**

The Department for Education and OFSTED now require all schools to offer comprehensive Careers education across all year groups; something that Haverstock and the HCN have been doing for a decade.



## Sing![ing] for their Supper

A group of HCN students and their mentors attended a private screening of Sing! at NBC Universal's offices in February, a prize for winning the quiz at the Arts & Media Welcome dinner in November. Thanks Neil!

**NBCUniversal**

# 10 Years: A Cause for Celebration!



On the evening of April 5<sup>th</sup>, in the Medicine Now Gallery of The Wellcome Collection on Euston Road, the Haverstock Career Network family gathered to celebrate 10 years of the HCN's development, evolution and growth.

In the company of skeletons, art installations and medical almanacs, current students, alumni, board members, partners, internship providers, mentors, teachers, guest speakers, tutors, supporters who have been with us from Day 1 and those who were learning about the HCN for the first time; all raised a glass to toast a decade of success and launch the Haverstock Career Network rebrand.

The near-capacity crowd of 140 heard from a range of speakers, including board members Martyn Whistler from EY, Santander's Keith Moor, Neil Wirasinha of NBC Universal, and Olswang's Linda Horbye. 2011 alumni Max Kalu and current



Year 13 STEM Network student Papia Islam also shared their HCN experiences.

Filmmaker and ex-student Nelufar Hedayat spoke of gratitude to her Haverstock teachers, and keynote speaker Keir Starmer, MP for Holborn and St Pancras, discussed how programmes such as the HCN and Career Ready are leading the way across the UK for Employability and Careers Education best practices.

***"I went into politics to make a difference. This programme has been making a difference for 10 years."***

– Keir Starmer

An overwhelming feeling of warmth and mutual respect filled the room for the entire evening as everyone caught up with one another. For many former students, teachers and board members it had been some years since they had last seen each other – and for those being introduced to the HCN, there could not have been a better way to showcase its many successes and potential benefits.

John Dowd, Haverstock's Head teacher who is retiring at the end of this academic year after 17 years in post, was toasted towards the end of the evening. A tireless supporter of the HCN since its very inception, none of where the Haverstock Career Network sits today would have been possible without his active role in its journey and development.

The evening ended with guests being politely asked to leave as the venue was closing, with glasses drained and hugs exchanged; and all looking forward with excitement to what the next 10 years has in store for the Haverstock Career Network.



***"2 boys I grew up with are currently incarcerated. Another 2 are no longer with us. Any one of them could have been me."***

***The Haverstock Career Network truly changed my life. It made me believe that I deserved better, and that I was capable of more."***

- Max Kalu

With sincere thanks to Santander for their generous sponsorship of this special event and all HCN marketing materials and rebrand support.



# Work to Learn [to Work]

Headquartered in Paris, Capgemini is one of the largest IT consulting, outsourcing and professional services companies in the world. On March 9<sup>th</sup>, our Business and Finance and STEM Network students had the opportunity to learn a bit more about what exactly that all means.



degree apprenticeship programmes (where young people go directly into a role with Capgemini after finishing 6th form, and pursue a degree alongside employment), accompanied Paul.



**Capgemini has more than 190,000 employees in 40 countries!**

Paul Margetts, Capgemini's UK CEO, Application Services presented a Guru lecture to our students, walking them through the ins and outs of what a business like Capgemini offers its clients, and his educational and professional experience to date. Paige Stephens and Jack Kirk – who have joined Capgemini through its

Students were keen to learn as much as possible from Jack and Paige on how they balance full-time studies with a full-time job.

Both Paige and Jack conceded that the time management adjustment straight out of A-levels was challenging, though as with most vertically inclined learning curves, they figured it out pretty quickly once they understood all that they stood to gain.

A number of students stayed behind after the talk to quiz Paul for advice on becoming a CEO, and if there were any shortcuts to attaining this impressive title.

'Keep your head down and work hard. That will rarely steer you wrong,' Paul told students. A valuable reminder for our young people, today...and always!

Thank you to Paul, Paige, Jack, Michelle and Carly from Speakers4Schools!

## Guru Lecture of the Term: Paul Margetts, Capgemini



# At the Coalface

When the Ebola outbreak hit Sierra Leone and neighbouring Guinea and Liberia in 2014, most of us here in the UK read and learned about its devastation from various media outlets. For pediatrician Doctor Felicity Fitzgerald, her education about Ebola was a lot more hands-on.

After first travelling to Freetown during the height of the epidemic to volunteer clinically for 6 weeks, Felicity ended up staying for 7 months and set up one of the largest and most comprehensive cohorts of children with suspected Ebola in Sierra Leone. Her work has since been pivotal in better understanding this disease, and hopefully limiting the number of children admitted unnecessarily to high risk "Red Zones" in future outbreaks.

In January, our STEM Network students heard Felicity discuss her experience in Sierra Leone, and the important work of local organizations in attempting to educate communities and dispel myths about Ebola – as cultural stigma and misconceptions about the disease often have tragic effects on its victims, survivors and their families.

Her first-hand insight into the countless challenges of working in a humanitarian crisis context were fascinating. Students were keenly interested in all that Dr. Fitzgerald had to share with them, and very impressed with her bravery; while she in turn could not offer enough praise for her Sierra Leonean colleagues – for whom the realities of both working and living in this environment continue to this day.

Dr. Fitzgerald you are an inspiration!

# Did you see that ad?

How does a TV advert make it on the air? Who decides if it's fit for TV? Or when it will air? What if it gets a complaint? Or 1000?

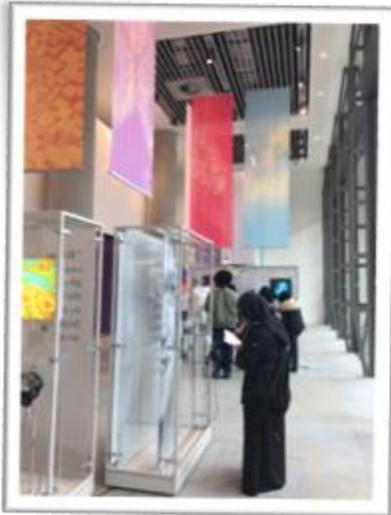
In mid-March, our Arts & Media Network students found out the answer to these questions and more. In a training session students learned how HCN partner Clearcast works closely with major UK TV networks including ITV, Channel 4, Sky and Turner to advise them on whether adverts make the grade to air on television.

Students were also interested to learn about the rating system for what times certain adverts are allowed on air (and when they are not), as well of some of the most infamously banned adverts to ever come across UK television screens. An interactive quiz was conducted to see how keenly in tune with the censors students' thoughts were, to surprising result...

Many thanks Michael and Clearcast!



# Get your Crick on



As the largest single-site biomedical research facility in Europe, The Francis Crick Institute on Euston Road is indeed an impressive structure. On March 29<sup>th</sup>, the HCN STEM Network students spent an afternoon inside its walls.

The Crick's Education Manager Clare Davy spoke to students about the many types of research that take place in the institute, and how people with backgrounds

across not only Biology and Chemistry, but those who have studied Physics, Maths, and even History and Art (among other subjects), currently work on Crick projects.

Primarily funded by The Medical Research Council, Cancer Research UK and the Wellcome Trust, much of the on-site research focuses on various cancers, and a range of other diseases and illnesses – including Influenza, Malaria, TB and HIV – that scientists are working hard to better understand, treat, prevent and ultimately, cure.

Students also spent time discovering the Institute's first public exhibition ('How do we Look'), which explored the different types of research Crick scientists will conduct through 12 different biomedical images.

Among others, the images included intensely magnified strands of DNA, blood cells and organs, as well as diagrams tracking how disease develops and spreads. These were accompanied by relevant explanations and information on how this data is used to understand more about how the human body functions – while in optimal health, and when this is compromised.



Thank you to Clare and the Francis Crick Institute for this fascinating visit

## And finally...



### THE 2017 INTERNSHIP HUNT IS ON!

Our Year 12 students are diligently preparing and gearing up for their internships this summer, and couldn't be more excited! With business etiquette and interview skills workshops, and a group mock interview session with their mentors scheduled for the coming weeks – we are working hard to ensure our students are best-prepared as possible for when they experience their first taste of the real world of work come July.

**This year's internships run for 4 to 6 weeks, from July 3<sup>rd</sup> – August 11<sup>th</sup>.** We are grateful to our many repeat internship providers and supporters, and always keen to welcome new internship partners on board!

**If you are interested to learn more about how you can get involved in our internship programme this summer, please get in touch!**

## The Haverstock Career Network

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